

Centre for Integrative Care

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Mistletoe therapy

Mistletoe therapy is an anthroposophical medicine and can be integrated with conventional cancer treatment. It involves the prescribed use of mistletoe by qualified doctors and nurses. The mistletoe is obtained from the European mistletoe plant (*Viscum album L.*) and is pharmaceutically prepared. Mistletoe is available as ampoules for injection or drops to be taken by mouth. Mistletoe therapy does not replace recommended cancer treatment. Mistletoe therapy aims to strengthen your body's natural defences and immune system and can also directly affect cancer cells.

References:

- The Cochrane Collaboration: Mistletoe Therapy in Oncology (Review) (2010) Troger W. et al., *Viscum album (L.) extract therapy in patients with locally advanced or metastatic pancreatic cancer.*
- A randomized clinical trial on overall survival. *Eur J Cancer* (2013)

For further information on mistletoe please visit: <http://www.mistel-therapie.de/mistletoe> Patient referrals for mistletoe are from registered health professionals involved in the care of patients with cancer.