

Centre for Integrative Care

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Referrals

Centre for Integrative Care / Allergy service

Allergy Service

This is run as Out-patient clinics seeing adults and children and accepts referrals direct or from the in-house team.

Allergies are increasingly common and the integrity of the individual is affected. This leads often to a profound impact on the person and may limit their life greatly and cause anxieties and related stresses. Skin Prick Testing may give further diagnostic help.

Therapeutic options are individually tailored and include isopathy (to individual allergens, such as pollens), homeopathy, anthroposophic medicine, nutrition, movement therapy and Acupuncture. From this, a focus on health and restoring a healthy relationship to self and environment evolves.